

# **The New Fast Food: The Veggie Queen Pressure Cooks Whole Food Meals In Less Than 30 Minutes By Jill Nussinow**

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**one comment on the pressure s on in a good way** - as they will defrost quickly in the pressure cooker. Jill Nussinow, *The New Fast Food : The Veggie Queen Cooks Whole Food Meals in Less than 30 Minutes*.

**serious eats: fast food** - Nobody loves Taco Bell more than I do. Taco Bell is my favorite fast food restaurant, and if Taco Bell were a person, we'd be married right now, with 2.5 horrific

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**fast food - wikipedia, the free encyclopedia** - Fast food is the term given to food that is prepared and served very quickly, first popularized in the 1950s in the United States. While any meal with low preparation

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**how to cook beans in less than 10 minutes with a** - Jan 02, 2008 Learn how to cook amazingly fast and delicious beans by using a modern and safe pressure cooker. The Veggie Queen, aka Registered Dietitian Jill Nussinow

**the new fast food | techcrunch** - Jul 04, 2014 Yet for the money they save on cashiers, the new fast food chains introduce a new, countervailing cost: human delivery agents. And with fuel costs being

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