

EFT For PTSD (EFT: Emotional Freedom Techniques) By Gary Craig

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emotional freedom techniques - wikipedia, the - Emotional Freedom Techniques (EFT) It is best known through Gary Craig's EFT Handbook, "Assessment of the Emotional Freedom Technique".

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tao energy healing - emotional freedom techniques - EFT; Emotional Freedom Techniques; Tapping. A therapy process developed in the mid 90s by Gary Craig, EFT has resulted in PTSD being faded,

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